

New Mexico Stroke Assessment Tool (NMSAT)

- The patient may still be having a stroke even if all NMSAT criteria are not met. If all criteria are not met, and stroke is still suspected, treat the patient under stroke treatment and transport protocols. Notify the receiving facility that the patient is a **RULE OUT STROKE**.
- **DO NOT DELAY RAPID TRANSPORT** of a suspected stroke patient. Obtain as much history and assessment as possible **WHILE ENROUTE**. If necessary, transport the patient with witness or a family member.

PATIENT NAME: _____ PATIENT AGE: _____ M / F (circle one)

PROVIDERS NAME: _____ TODAYS DATE: _____

WITNESS NAME: _____ WITNESS PHONE: _____

EVENT HISTORY/ COMMENTS: _____

****LAST TIME THE PATIENT WAS SEEN WITHOUT SYMPTOMS**** DATE: _____ TIME: _____

SCREENING CRITERIA

- | | | | |
|---|---------|-------|-------|
| 1. Sudden onset of new onset of neurologic symptoms in last 12 hours. | TRUE | FALSE | |
| 2. Blood Glucose between 60 and 400. | _____ | _____ | _____ |
| 3. Symptoms were not immediately preceded by a seizure. | _____ | _____ | _____ |
| 4. Focused assessment (IF 2 OR MORE SYMPTOMS PRESENT, CHECK TRUE) | PRESENT | _____ | _____ |

- Facial droop present on one side only? (ask the patient to smile) _____
- Arm drift present on one side only?
(ask the patient to hold their arms out in front of them and keep them level) _____
- Leg Weakness present on one side only? (NEW ONSET difficult or unable to walk) _____
- Speech deficit present? (i.e. slurred or inappropriate words or mute) _____
5. Based on exam, patient has only unilateral PAINLESS deficit(s) and not bilateral or painful deficit(s)? _____

**** IF TRUE TO ALL ITEMS ABOVE, NMSAT CRITERIA HAS BEEN MET ****
**** CONTACT THE RECEIVING HOSPITAL TO ACTIVATE A "CODE STROKE" ****